

High Commission of India
Accra



Yoga for Harmony & Peace

Yoga Classes

Yoga classes have started in the premises of the High Commission from 9th March 2016 in two batches - 8am-9am and 5pm-6pm. These classes are being held on Mondays, Wednesdays and Fridays.

There is still some space to accommodate participants in these two batches. Interested ones may send an email at admn.accra@gmail.com with the following details:

- 1. Name:*
- 2. Age:*
- 3. Sex:*
- 4. Nationality:*
- 5. Profession:*
- 6. Residential address:*
- 7. E-mail:*
- 8. Contact phone no:*
- 9. Whether beginner or a yoga practitioner:*