



सत्यमेव जयते

**High Commission of India
Accra**

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**H.E. Mr. Sugandh Rajaram
High Commissioner**

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APRIL - JUNE, 2020

The period April-June 2020, saw spread of COVID-19 pandemic throughout the globe. All the countries geared up to combat the menace of Coronavirus. The pandemic brought a halt to various events and functions owing to restrictions imposed by the Governments on social gatherings and most of the functions are now being organized virtually.



High Commissioner Sugandh Rajaram wished the President of Ghana on his Birthday as he tweeted “ Many many happy returns of the day to Honorable President of Ghana on his birthday from 1.3 billion Indian sisters & brothers! May God bless him the best health and strength to lead Ghana to prosperity especially through the difficult times of COVID19!”

High Commissioner interacted with the media on efforts by India in addressing COVID19 pandemic both in the country and globally.

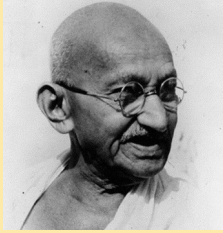


High Commissioner with Franklin Cudjoe, CEO of IMANI, eminent African think-tank in Accra. High Commissioner exchanged ideas on strengthening India-Ghana ties, briefing him on efforts by India to address COVID19 pandemic at domestic, regional & global level.

Indian community in Ghana donated GHC 375001 to COVID19 National Trust Fund. High Commissioner joined community leaders in handing over cheque to Chair of Board of Trustees of the Fund.



Quote of the month



“It’s the action, not the fruit of the action, that’s important. You have to do the right thing. It may not be in your power, may not be in your time, that there’ll be any fruit. But that doesn’t mean you stop doing the right thing. You may never know what results come from your action. But if you do nothing, there will be no result.” - **Mahatma Gandhi**



Digital India is a flagship programme of the Government of India with a vision to transform India into a digitally empowered society and knowledge economy. E-governance initiatives in India took a broader dimension in the mid 1990s for wider sectoral applications with emphasis on citizen-centric services. The major ICT initiatives of the Government included projects, like railway computerization, land record computerisation etc., focusing mainly on the development of information systems. The national level e-governance programme called National e-Governance Plan was initiated in 2006. Initially, there were 31 Mission Mode Projects under the Plan covering a wide range of domains viz. agriculture, land records, health, education, passports, police, courts, municipalities, commercial taxes and treasuries etc. 24 MMPs have been implemented. The ambit of Mission Mode Projects has increased from 31 to 44 projects. Many new social sector projects, viz. Women & Child Development, social & financial inclusion, Urban Governance eBhasha etc., have been added as new MMPs under e-Kranti.



High Commissioner seeing off Indians who were stranded in Ghana due to Covid-19. They traveled from Accra to Delhi on a charter evacuation flight; He thanked GOI authorities, charter operator, community leaders & HCI team.

High Commissioner interacted with Indians traveling on Accra-Kochi charter evacuation flight. About 500 stranded Indians from Ghana evacuated through two charter flights.



High Commissioner interacted via video link with Indians, who were stranded in Sierra Leone & Togo, who traveled on Freetown-Lomé-Delhi charter evacuation flight on 16 June, arranged by HCI Accra.

Inaugurating ‘Graphic Courier’, new technology driven service by Daily Graphic along with Techmaaxx, an Indian IT major, High Commissioner highlighted enormous development possibilities with Indian expertise.



6th International Day of Yoga was celebrated in Accra on 21st June, 2020. High Commissioner led the event at India House with enthusiastic participation by many.

Inaugurating IDY2020 in Accra High Commissioner highlighted significance of Yoga to strengthen physical immunity & mental health, as holistic way for sustainable living and to create peace & harmony in world.



Development Partnership



India-Ghana Kofi Annan Centre of Excellence in ICT

India-Ghana Kofi Annan Centre of Excellence in ICT is Ghana's first Advanced Information Technology Institute. Founded in 2003, AITI-KACE is a world-class research facility with the focus on innovating products and services for individual and institutional advancement. The Centre was established under the Aid to Africa at an initial cost of US\$2 million and has emerged as a premier institution of training in West Africa showcasing Indian expertise in ICT. Government of India extended a further support of US\$0.86 million to the Centre in 2011 and a further support of US\$ 1 million was announced during Hon. Rashtrapati's visit in June 2016. A cheque for US\$1 million was presented to the Centre in October 2018. AITI-KACE was one of the four centres selected to conduct first e-ITEC course on Big Data Analytics by IIT, Madras. The centre has also been selected for implementing the first phase of e-VBAB Network Project, one of the tools to promote Brand India in education and health sector in Ghana making Ghana the pilot country in Africa to roll out the e-VBAB Network Project.

BUSINESS & CULTURE



The Yoga enthusiasts including participants from all age groups did the Yogic exercises as per Common Yoga Protocol prescribed by the Ministry of AYUSH, Government of India.

High Commissioner Sugandh Rajaram awarded prizes to winners of Yoga competitions of Yogasana, drawing, quiz, essay & Shloka recitation.



Aatmanirbhar Bharat Abhiyaan

- India has faced the COVID-19 situation with fortitude and a spirit of self-reliance, that is evident in the fact that from zero production of Personal Protection Equipment (PPE) before March 2020, India today has created a capacity of producing 2 lakh PPE kits daily, which is also growing steadily.
- Additionally, India has demonstrated how it rises up to challenges and uncovers opportunities therein, as manifested in the re-purposing of various automobile sector industries to collaborate in the making of life-saving ventilators. The clarion call given by the Hon'ble PM Narendra Modi to use these trying times to become Atmanirbhar (self-reliant) has been very well received to enable the resurgence of the Indian economy. Guidelines have been issued to enable resumption of economic activities while maintaining abundant caution thus allowing graded easing of restrictions. The Five pillars of Atmanirbhar Bharat focus on: a) Economy, b) Infrastructure, c) System, d) Vibrant Demography, e) Demand
- The Five phases of Atmanirbhar Bharat are:
 - Phase-I: Businesses including MSMEs
 - Phase-II: Poor, including migrants and farmers
 - Phase-III: Agriculture
 - Phase-IV: New Horizons of Growth
 - Phase-V: Government Reforms and Enablers



In which state of India is Namdapha National Park located?

- a. Nagaland
- b. Ladakh
- c. Arunachal Pradesh
- d. Himachal Pradesh

Please mail your responses by 1 August, 2020

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1st five successful responses will receive interesting information material about India.

INDIAN WOMEN ASSOCIATION

The Indian Women Association is a social and service organization open to Indian women in Ghana. The Association was established in 1982, and is responsible for social and charitable service to the community. A noteworthy project undertaken by the group was to renovate and construct a female ward in the Military Hospital to provide service for the sick, old and destitute patients of the Ghanaian society. The IWA also build a kindergarten facility for the Nima Cluster of Schools in Accra. In 2012, IWA helped the Burns Unit to buy some Equipment from the Proceeds of the Desi Mela. In 2013, IWA raised Funds for renovating a Ward at KorleBu Teaching Hospital along with another Charitable Organisation- Ma Sherawali Group. The IWA has been providing educational and medical assistance in Ghana. The association provided relief material worth GHC30,000 in 2015 during Accra floods. In early 2018, IWA donated hospital material and equipment to the Rebecca Foundation in support of "Save a Child, Save a Mother" project. IWA holds an annual Fundraiser Brunch each Spring, raising Funds for Breast Cancer Awareness and for supporting a few Breast Cancer Patients at KorleBu Teaching Hospital.



Architecture

The Rashtrapati Niwas, also known as the Viceregal Lodge, is one of the historical monuments in Himachal Pradesh which is situated on the Observatory Hills of Shimla. It was the home of the Viceroy of India during the colonial rule. It contains many historic and important artefacts, documents and photographs of the British rule. This amazing piece of history was designed by a British architect Henry Irwin.

Fine arts



A dance from northern India, **Kathak** is often a dance of love, performed by both men and women. The movements include intricate footwork accented by bells worn around the ankles and stylized gestures adapted from normal body language. It was originated by Kathakas, professional storytellers who used a mixture of dance, song, and drama. Like other Indian dances it began as a temple dance, but soon moved into the courts of ruling houses.



Chha Gosht -

A typical Himachal delicacy, Chha Gosht is a scrumptious dish prepared with the marinated lamb which is further cooked in the gravy of gram flour and yogurt.



Ingredients of Chha Gosht

- 350 gm boneless meat
- For marination:**
- 1/2 tsp salt
- 2 tsp ginger garlic paste
- 2 black cardamoms-crushed
- 1 bayleaf
- 2-3 cinnamon-crushed
- 3 cloves-crushed
- 1/2 cup yogurt
- For the main course:**
- 2 Tbsp mustard oil
- Pinch of asafoetida
- 1/2 tsp coriander powder
- 1/2 tsp red chilli flakes
- 3 green chillies-slit
- 1/2 tsp ginger-chopped
- 1 1/2 tsp onions-sliced
- 1 roasted gram flour
- Marinated meat
- Pinch of turmeric powder
- 1/2 tsp coriander powder
- 5 ladles yogurt
- 3/4 tsp salt & Coriander leaves

PREPARATION

For the marination:

Mix the lamb meat with salt, ginger-garlic paste, crushed cardamom, bay leaf, crushed cloves and yogurt and keep aside in a cool place for 3 hours.

For the main preparation:

- Heat oil in the pan. Add asafoetida, coriander powder, red chilli flakes, green chillies and the cut ginger and mix well.
- Add the onions and saute till they turn translucent.
- Then add the gram flour, marinated meat, turmeric powder, coriander powder, yogurt and salt and keep stirring.
- Cover and cook on a slow flame for an hour.
- Garnish with coriander leaves and serve hot with rice.